

SAMPLE FOOD MENU

BREAKFAST

Main
Vegetable Poha with Sev

Fruits/Sprouts
Cut Papaya with Lemon Mint

Bread
Brown/White Bread with Jam and Butter

Cereals
Corn Flakes

Beverage
Masala Chai and Milk



LUNCH

Salad
Cube Salad with Corn

Rice
Jeera Rice

Main Course
Rajma Masala and Aloo Methi

Wheat
Tawa Phulka with Desi Ghee

Dairy
Kheera Raita

HIGH TEA

Snack Attack
Mumbai Bhel Puri

Beverage
Masala Lemonade / Khas
Sharbat



DINNER

Salad
Cube Salad with Corn

Rice
Jeera Rice

Main Course
Yellow Moong with Soya
Matar

Wheat
Tawa Phulka with Desi Ghee

Desserts
Kheer

